

## **Robins Lane Primary School** Physical Education Curriculum Map

Indoor	Gymnastics	Dance	Dance (KS1) Dodgeball (KS2)	Locomotion – Jumping (Y1) Dodging (Y2) Handball (KS2)	Athletics + OAA (Indoor and Outdoor)	Games For Understanding (KS1) Cricket
Year 1	<ul> <li>I can explore movements and balances using 'big' parts of the body on the floor.</li> <li>I can explore movements and balances using 'big' parts of the body on the apparatus.</li> <li>I can explore movements and balances using 'small' parts of our bodies on the floor.</li> <li>I can explore movements and balances using 'small' parts of our bodies on apparatus.</li> <li>I can explore movements and balances using 'small' parts of our bodies on apparatus.</li> <li>I can explore movements and balances using combinations linked to 'big, small, narrow, wide or curled' actions.</li> <li>I can explore adding movement combinations to fit different apparatus.</li> <li>I can explore adding movement combinations to create mini sequences.</li> <li>I can explore how to make movements more creative.</li> </ul>	<ul> <li>I can respond to stimulus using a range of different controlled movements showing character expression.</li> <li>I can learn how to control and co- coordinate their body to perform movements that represent a stimulus.</li> <li>I can add movements together to represent a stimulus.</li> <li>I can respond to rhythm using a range of controlled movements.</li> <li>I can show control and co-ordinate their bodies to perform a motif.</li> <li>I can learn how to work with a partner to create a sequence.</li> <li>I can create and perform a motif.</li> </ul>	<ul> <li>with a partner to create a sequence.</li> <li>I can create and perform a motif.</li> </ul>	<ul> <li>I can recap jumping, in different directions, at different speeds and different levels.</li> <li>I can understand the different reasons when, where and why we jump in different ways.</li> <li>I can develop understanding of how to jump effectively.</li> <li>I can apply the most effective technique using our head, arms and feet.</li> <li>I can apply these skills during a circuit and understand the affects it has on our bodies.</li> <li>I can learn and explore how to skip.</li> <li>I can learn how to apply jumping and skipping into game situations.</li> </ul>	<ul> <li>I can develop running technique applying it into a game situation.</li> <li>I can develop understanding of where we need to run and why.</li> <li>I can explore how to run and where to run, while exploring running at different speeds.</li> <li>I can apply the correct technique of running as fast as possible in racing events.</li> <li>I can apply running for a longer duration and as part of a team.</li> <li>I can apply running in a competitive game.</li> </ul>	<ul> <li>I understand the basic principles of attack.</li> <li>I know what 'attacking' and why we attack during a game.</li> <li>I can apply simply attacking principles into a game situation.</li> <li>I can understand the basic principles of defence.</li> <li>I understand what 'defending' means and why we defend during a game.</li> <li>I understand why we need to prevent attackers from scoring.</li> <li>I can apply simple defending principles into a game situation.</li> <li>I understand how, where and why to attack in a game.</li> <li>I understand how, where and why to defend in a game.</li> </ul>
Year 2	<ul> <li>I can explore different movements that 'link' together.</li> <li>I can develop the different movements</li> </ul>	<ul> <li>I can respond to a stimulus using a range of different, controlled movements.</li> </ul>	<ul> <li>I can respond to a stimulus using a range of different, controlled movements.</li> </ul>	<ul> <li>I can explore dodging and how to dodge effectively.</li> </ul>	<ul> <li>I can consolidate jumping and apply an effective jumping technique.</li> </ul>	<ul> <li>I can create and understand simple attacking principles, applying them as a team into a game.</li> </ul>

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	<ul> <li>which can be linked together on apparatus.</li> <li>I can explore different ways to perform a jump, roll and balance sequence.</li> <li>I can perform a sequence using apparatus, jump, roll and balance within a sequence.</li> <li>I can create my own sequence.</li> <li>I can start to evaluate my own performance.</li> </ul>	<ul> <li>I can show how to control and co-ordinate their bodies to perform movements which represent a stimulus.</li> <li>I can develop character work, adding movements, expression, and emotion to the motif.</li> <li>I can create 'frozen' positioning to show a reaction creating emotion.</li> <li>I can develop motifs with a partner including some different elements of choreography.</li> <li>I can explore a verity of movements in a character with a partner.</li> <li>I can extend sequences developing their characters to add drama and emotion in their performance.</li> </ul>	<ul> <li>I can show how to control and co- ordinate their bodies to perform movements which represent a stimulus.</li> <li>I can develop character work, adding movements, expression, and emotion to the motif.</li> <li>I can create 'frozen' positioning to show a reaction creating emotion.</li> <li>I can develop motifs with a partner including some different elements of choreography.</li> <li>I can explore a verity of movements in a character with a partner.</li> <li>I can extend sequences developing their characters to add drama and emotion in their performance.</li> </ul>	<ul> <li>I can develop the dodging technique in game situations.</li> <li>I can understand how, where and why to dodge, in game situations.</li> <li>I can learn different roles of attacking and defending and start to understand when we attack and when we defend.</li> <li>I can use dodging skills in game situations working as a team.</li> </ul>	<ul> <li>I can show knowledge of how, where, and why we jump in a game.</li> <li>I can apply knowledge of how to jump in combination into their own ideas for linking jumps.</li> <li>I can explore jumping using different combinations, jumping for distance and speeds.</li> <li>I can develop jumping using different combinations, jumping for distance.</li> <li>I can apply jumping in various ways in game situations.</li> </ul>	<ul> <li>I have a deeper understanding of simple attacking principles, applying them as a team into a game.</li> <li>I understand why we attack as a team during a game.</li> <li>I can create and understand simple defending principles, applying them as a team into a game.</li> <li>I understand why we defend as a team during a game.</li> <li>I can understand the transition between defence into attack.</li> <li>I can create simple defending and attacking tactics and apply them as a team in a game.</li> </ul>
Year 3	<ul> <li>I can explore movements and balances in a symmetrical way.</li> <li>I can explore movements and balances in a symmetrical and asymmetrical way.</li> <li>I can re-create symmetrical balances on apparatus.</li> <li>I can begin to move onto apparatus forming the start of a sequence.</li> <li>I can create a sequence which starts with a</li> </ul>	<ul> <li>I can respond to different stimuli being able to sustain characters to add drama and emotion to the dance.</li> <li>I can build on character work adding drama and emotion to dance and to create motifs in pairs.</li> <li>I can execute a wider variety of movements singly and extended sequences, with a partner.</li> <li>I can sustain their character characters to</li> </ul>	<ul> <li>I can understand and apply when, where and why we need to dodge during a game.</li> <li>I can learn the throwing techniques used in dodgeball.</li> <li>I understand how, where and why we need to aim and throw with accuracy during a game.</li> <li>I can use the throwing skills learning in game situations where targets are moving.</li> <li>I can develop catching and understand when</li> </ul>	<ul> <li>I can learn to pass and receive a ball in order to keep possession of the ball.</li> <li>I understand how to win the ball back (defending).</li> <li>I can learn how to pass and move effectively to create space to keep possession.</li> <li>I can develop passing and moving building in transition between attack and defence.</li> <li>I can combine passing and moving to score</li> </ul>	<ul> <li>I can explore how we can use our bodies to run as fast as possible.</li> <li>I can learn the correct technique used for sprinting.</li> <li>I understand how and why we need to accelerate at the start of a race.</li> <li>I can understand and apply running for speed, when running as part of a team.</li> <li>I can understand how to perform a simple changeover and tactics linked.</li> </ul>	<ul> <li>I understand the concept of batting and fielding.</li> <li>I understand the objective of each team, batting and fielding.</li> <li>I understand how, when and why to throw a ball overarm with power and distance.</li> <li>I understand how to throw a ball accurately underarm.</li> <li>I understand why catching is important in cricket.</li> </ul>

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	<ul> <li>symmetrical balance on apparatus moving out of them, travelling to a new piece of apparatus, and completing the start and middle section of a sequence.</li> <li>I can create a sequence which starts with a asymmetrical balance on apparatus moving out of them, travelling to a new piece of apparatus and completing the start and middle section of a sequence.</li> <li>I can perform completed sequences.</li> <li>I can peer assess a partners performance using criteria for support.</li> </ul>	<ul> <li>add drama and emotion to their dance.</li> <li>I can extend dance skills by using more complex actions.</li> <li>I can develop movement vocabulary by introducing more advanced dance terms (See PE Vocabulary sheet).</li> <li>I can evaluate another groups performance on how to improve their performance.</li> </ul>	<ul> <li>this is applied in dodgeball.</li> <li>I can understand the importance of catching within a game.</li> <li>I can understand when, where and why we need to change direction at speed during a game.</li> <li>I understand the consequences of being hit during the game and the impact it will have on their team.</li> <li>I can combine dodging and throwing together.</li> <li>I can understand the importance of being on the balls of our feet during a game.</li> <li>I can apply throwing, catching and dodging skills in a game.</li> </ul>	<ul> <li>points against another team.</li> <li>I understand the importance of moving the ball up the court when attacking.</li> <li>I can learn how to shoot in handball. Thinking of where and why they shoot using the correct technique.</li> <li>I can combine the skills learnt and implement them within a game.</li> </ul>	<ul> <li>I can explore the differences between throwing for accuracy and throwing for distance.</li> <li>I can explore how to jump as far as possible.</li> </ul>	<ul> <li>I can strike the ball with intent away from the fielders to score runs (points).</li> <li>I understand how to outwit the fielding team by varying the speed and direction of the strike.</li> <li>I can compete in a level 1 intra competition in cricket.</li> </ul>
Year 4	<ul> <li>I can explore movements and balances creating bridges.</li> <li>I can re-create bridge balances on apparatus.</li> <li>I can move over and under individual bridges on apparatus and link these ideas into a sequence.</li> <li>I can develop a sequence using pair and individual bridges.</li> <li>I can complete a sequence which shows balances, paired balances, bridges on and off apparatus.</li> <li>I can complete a sequence showing fluidity in performance.</li> </ul>	<ul> <li>I can explore movement through improvisation introducing unison and matching.</li> <li>I can effectively sustain their characters to add drama and emotion to the dance.</li> <li>I can apply canon into movements when performing.</li> <li>I can continue to build on character work to build drama and emotion to dance looking at contrasting characters.</li> <li>I can extend dance skills by using more complex interacting movement and actions</li> </ul>	<ul> <li>I understand when, where and why we would jump or duck to avoid the ball during a game.</li> <li>I can understand and apply why we need to throw with accuracy but over an increased distance.</li> <li>I can understand why and how we need to throw with power when throwing at a target which is further away.</li> <li>I understand the rules that govern catching and start to apply these in small games.</li> <li>I understand the consequences of dropping the ball</li> </ul>	<ul> <li>I can apply passing and moving skills to keep possession and develop this concept into mini game situations.</li> <li>I can develop and explore the transition between attack and defence, working out simple tactics for creating space and keeping possession.</li> <li>I can develop understanding of how to shoot but where, when and why they shoot to increase chances of scoring.</li> <li>I can build on prior knowledge to effectively move up the court, creating</li> </ul>	<ul> <li>I can develop the sprinting technique.</li> <li>I can self analyse a performance to improve own personal best.</li> <li>To apply stride length during the middle section of the race.</li> <li>I can understand why we need to increase our stride pattern to maintain speed during the middle third.</li> <li>I can explore running for pace and distance and use the correct technique for both.</li> <li>I can develop throwing for distance using a javelin to throw with a greater distance.</li> </ul>	<ul> <li>I can develop understand of batting and fielding.</li> <li>I understand where, when and why different physical and cognitive skills are used when battling and fielding.</li> <li>I can explore different ways of bowling underarm and applying them into mini games to prevent the batters from scoring runs.</li> <li>I can develop ways of stopping and returning the ball.</li> <li>I understand the different ways of returning the ball to the bowler or</li> </ul>

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	<ul> <li>I can peer assess a pupils sequence identifying correct technique and creativity.</li> </ul>	<ul> <li>incorporating apparatus.</li> <li>I can create a performance which will include stage presence timing rhythm and sustaining character.</li> <li>I can give clear and accurate feedback to other performances.</li> </ul>	<ul> <li>during a game of dodgeball.</li> <li>I can consolidate understanding application of dodging, jumping, and ducking into game situations.</li> <li>I can apply throwing, catching and dodging skills combining these with understand of team work to try and win the game.</li> </ul>	<ul> <li>attacking opportunities which leads to shooting opportunities.</li> <li>I can combine passing, moving and shooting to create an attack.</li> <li>To learn how to defend (marking) when they are in possession.</li> <li>I understand why they must win the ball back exploring basic defending tactics to help them to do so.</li> <li>I can combine all the skills covered within game situations.</li> </ul>	<ul> <li>I can combine a hop, a skip and a jump to jump as far as possible.</li> </ul>	<ul> <li>wicketkeeper, developing an understanding of why they need to do this quickly and accurately to prevent the batters from scoring runs.</li> <li>I understand how to stop the ball (barrier) when a batter strikes the ball.</li> <li>I can further develop ways of retrieving and returning the ball to prevent the batters from scoring points.</li> <li>I understand how, where and why we need to strike the ball to score runs.</li> <li>I can further develop understanding of how to outwit the fielding team by varying the speed and direction the ball is hit.</li> <li>I can compete in a level 1 intra competition in cricket.</li> </ul>
Year 5	<ul> <li>I can explore counter balancing.</li> <li>I can explore how to transfer counterbalances onto apparatus and how to move out of them and off them.</li> <li>I can develop well sequences routines applying all knowledge.</li> <li>I can start with a counterbalance on apparatus, move out of them, travel to a new piece of apparatus forming the start and middle section of a</li> </ul>	<ul> <li>I can look at social divide and prejudices that existed in the 19<sup>th</sup> century through movement.</li> <li>I can portray prejudices in society through movement and characterisation.</li> <li>I can create movements that represent a variety of different performers.</li> <li>I can distinguish between the different performers through clear movements and expression.</li> </ul>	<ul> <li>I can understand why we might block a ball thrown towards us during a game.</li> <li>I can catch confidently and effectively whilst understanding why we need to catch during a game.</li> <li>I can understand and apply why we need to throw with accuracy and power over a range of distances.</li> <li>I can explore basic attacking tactics and apply them into game situations.</li> </ul>	<ul> <li>I can consolidate passing and receiving skills, using them to move up the court to create a successful shooting opportunity.</li> <li>I can learn where and why other passing styles will be effective.</li> <li>I can understand that the role changes as soon as they lose possession of the ball.</li> <li>I can develop a deeper understanding of the rules of the game and how they apply in mini games.</li> </ul>	<ul> <li>I can understand how to finish a sprinting race, maintaining speed until crossing the line.</li> <li>I understand the importance of sprinting till the finish and why slowing down may affect the result.</li> <li>I can consolidate knowledge, understanding and ability to sprint effectively.</li> <li>I can evaluate own and others sprinting technique making suggestions on</li> </ul>	<ul> <li>I can refine understanding of batting, applying simple batting tactics into mini games.</li> <li>I can learn where, when and why they can apply different physical and cognitive skills when batting to score runs.</li> <li>I can refine understanding of bowling, applying simple bowling tactics into mini games.</li> <li>I can understand where, when and hy different physical and</li> </ul>

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	<ul> <li>sequence with increased accuracy and creativity.</li> <li>I can look at counter tension.</li> <li>I can start with a counterbalance on apparatus and move out of them. Travel to a new piece of apparatus creating a counter tension balance to end the sequence.</li> <li>I can perform a well sequenced performance using a range of balances and apparatus.</li> <li>I can evaluate a performance and provided feedback on technique used within performance.</li> </ul>	<ul> <li>I can consolidate and improve our performance utilising props and apparatus to extend characterisation and expression.</li> <li>I can peer assess each other's work, making valid evaluations on performance choreography, stage presence, timing, rhythm and sustaining character.</li> </ul>	<ul> <li>I can understand where the best places are to throw on the court to result in hitting an opponent.</li> <li>I can explore the basic defensive tactics applying them into game situations.</li> <li>I can identify strengths and weaknesses in their team performance and how they can help their team improve.</li> </ul>	<ul> <li>I can take responsibility for officiating games.</li> <li>I can refine shooting ensuring that they are accurate and successful.</li> <li>I can effectively combine all the skills covered within game situations.</li> </ul>	<ul> <li>performances in the three stages.</li> <li>I can consolidate running as part of a team and understand when and where the changeovers take place on a curved track.</li> <li>I can learn how to throw a shot put and how using your body can achieve greater distance.</li> <li>I can explore and develop an understanding of how to hurdle safely, applying the correct technique.</li> </ul>	<ul> <li>thinking skills happen when bowling to prevent the batters from scoring runs.</li> <li>I can refine fielding skills, catching, stopping and throwing.</li> <li>I can develop fielding skills under pressure applying these into mini games.</li> <li>I can refine batting creating and applying batting tactics into game scenarios.</li> <li>I understand how the role as batter changes depending on the game situation.</li> <li>I can compete in a level 1 intra competition in cricket.</li> </ul>
Year 6	<ul> <li>I can explore the concept of matching.</li> <li>I can transfer matching sequences onto apparatus.</li> <li>I can understand and explore how the apparatus used can change and improve movements.</li> <li>I can explore the concept of mirroring.</li> <li>I can transfer the mirroring sequences onto apparatus.</li> <li>I can bring matching and mirroring movements together to create a final sequence.</li> <li>I can perform a well sequenced performance using prior knowledge and</li> </ul>	<ul> <li>I can create group movements selecting and applying choreography into a routine.</li> <li>Pupils can use their bodies to perform technical movements with control and rhythm.</li> <li>I can identify different dances from different cultural traditions.</li> <li>I can create movements from a stimulus creating dances that use compositional principles.</li> <li>I can develop movements using a stimulus, creating dances that use</li> </ul>	<ul> <li>I can create attacking tactics and apply these within game situations.</li> <li>I can understand where we stand on the court when throwing the ball which results in hitting an opponent.</li> <li>I can develop defensive tactics applying them in game situations.</li> <li>I can understand why we need to quickly transition from attack to defence and defence to attack when playing dodgeball.</li> <li>I can understand when they are an attacker and defender.</li> <li>I can learn how to officiate games of dodgeball.</li> </ul>	<ul> <li>I can consolidate passing and moving to keep possession and score.</li> <li>I can effectively implement the rules of the game.</li> <li>I can effectively pass and move up the court, creating attacks which leads to a successful shot.</li> <li>I can fully understand that once possession is lost, I become a defender.</li> <li>I can apply tactics and effective decision making when attacking in different game situations.</li> <li>I can apply tactics and effective decision making when</li> </ul>	<ul> <li>I can implement all prior learning to run at speed and culminate this into a competition.</li> <li>I can implement all prior learning to running to running for distance and culminate this into a competition.</li> <li>I can execute the correct throwing technique with a competition.</li> <li>I can execute the correct jumping technique with a competition.</li> <li>I can evaluate performances identifying correct technique in both</li> </ul>	<ul> <li>I can consolidate all learning and understanding around batting.</li> <li>I can consolidate knowledge, understanding and ability to effectively apply a range of fielding skills and tactics into mini games.</li> <li>I can consolidate knowledge, understanding and ability to effectively apply a range of bowling skills and tactics into mini games.</li> <li>I can create, understand and apply attacking tactics into mini games.</li> </ul>

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	<ul> <li>learnt knowledge with accuracy and precision.</li> <li>I can effectively evaluate my own and others performances and provided feedback on technique.</li> </ul>	<ul> <li>compositional principles.</li> <li>I can perform the dance sequence with technical control and a good sense of rhythm.</li> <li>I can review, describe and evaluate dance performances.</li> </ul>	<ul> <li>I can effectively and accurately review, describe and evaluate a team's performance identifying tactics and areas of improvement.</li> </ul>	<ul> <li>defending in different game situations.</li> <li>I can compete and officiate in games of handball.</li> </ul>	running and field events.	<ul> <li>I can consolidate knowledge, understanding and ability to effectively apply a range of batting skills and tactics into mini games.</li> <li>I can create, understand and apply defensive tactics in mini games.</li> <li>I can compete in a level 1 intra competition in cricket.</li> </ul>

Outdoor	Ball Skills – Hands 1 (KS1)	Ball Skills – Feet 1 (KS1)	Ball skills – Hands 2 (KS1)	Ball skills – Feet 1 (KS1)	Team Building (KS1)	Games For Understanding (KS1)
	Basketball / Netball (KS2)	Hockey (KS2)	Tag Rugby (KS2)	Football (KS2)	OAA (KS2)	Tennis
Year 1	<ul> <li>I can learn how to bounce a ball and understand why we need to keep the ball away from the defender.</li> <li>I can explore different ways of sending (passing) the ball to my partner.</li> <li>I can explore and develop different ways of passing a ball using my hands.</li> <li>I can understand why we need to be accurate when sending the ball and learn why and how we aim when sending a ball.</li> <li>I can develop different ways of sending a ball using my hands.</li> <li>I can understand why we need to send a ball using different force and speeds.</li> <li>I can explore different ways of stopping a ball with my hands.</li> <li>I can develop different ways of stopping a ball with my hands.</li> <li>I can com bine my sending and receiving skills, applying my prior knowledge of where we send a ball and why.</li> <li>I can use my prior knowledge to combine my sending and</li> </ul>	<ul> <li>I can recap the different ways of using our feet to move with a ball.</li> <li>I can develop my understanding of the meaning of the world, 'control' and why it is important to keep the ball close to me.</li> <li>I can develop my ability of using our feet to move with a ball.</li> <li>I can develop my ability of using the inside and outside of my feet to dribble the ball.</li> <li>I can apply dribbling with my feet into games.</li> <li>I can apply my dribbling technique to keep the ball away from my opponents.</li> <li>I can develop my dribbling technique to keep the ball away from my opponents.</li> <li>I can develop my dribbling technique to keep the ball away from opponents. I am starting to understand the consequences of what happens if I do not dribble into space, keeping the ball close to me.</li> <li>I can work with a partner and begin to understand how to kick a ball towards a target.</li> </ul>	<ul> <li>I can understand how we throw a bean bag underarm and why.</li> <li>I can develop throwing (underarm) a beanbag and understand why, applying this into a game situation.</li> <li>I can work in a team and apply the underarm throw in a competitive situation.</li> <li>I can explore different ways of stopping a ball using my hands.</li> <li>I can apply my learning of stopping a ball into a game.</li> <li>I can develop my ability to accurately roll a ball towards a target.</li> <li>I can apply my prior knowledge of where we send a ball and why, in order to score points to beat an opponent.</li> <li>I can consolidate my ability to accurately roll a ball towards a target.</li> <li>I can consolidate my ability to accurately roll a ball towards a target.</li> <li>I can combine my sending and stopping skills, applying my prior knowledge of where we send a ball and why to score points to beat an opponent.</li> </ul>	<ul> <li>I can recap the different ways of using our feet to move with a ball.</li> <li>I can develop my understanding of the meaning of the world, 'control' and why it is important to keep the ball close to me.</li> <li>I can develop my ability of using our feet to move with a ball.</li> <li>I can develop my ability of using the inside and outside of my feet to dribble the ball.</li> <li>I can apply dribbling with my feet into games.</li> <li>I can apply my dribbling technique to keep the ball away from my opponents.</li> <li>I can develop my dribbling technique to keep the ball away from my opponents.</li> <li>I can develop my dribbling technique to keep the ball away from opponents. I am starting to understand the consequences of what happens if I do not dribble into space, keeping the ball close to me.</li> <li>I can work with a partner and begin to understand how to kick a ball towards a target.</li> </ul>	<ul> <li>I understand why it is important to include everyone when working as a team and how it feels to be left out.</li> <li>I understand what makes an effective team.</li> <li>I can develop the skills required to make an effective team.</li> <li>I can develop communication skills, creating simple strategies to complete a challenge.</li> <li>I understand why it is important to trust our partner to be successful.</li> <li>I can develop communication skills to successfully complete a challenge.</li> <li>I can develop cooperation and communication to complete a challenge.</li> <li>I can explore simple strategies as a team to help solve a problem.</li> </ul>	<ul> <li>I understand the basic principles of attack.</li> <li>I know what 'attacking' and why we attack during a game.</li> <li>I can apply simply attacking principles into a game situation.</li> <li>I can understand the basic principles of defence.</li> <li>I understand what 'defending' means and why we defend during a game.</li> <li>I understand why we need to prevent attackers from scoring.</li> <li>I can apply simple defending principles into a game situation.</li> <li>I understand how, where and why to attack in a game.</li> <li>I understand how, where and why to defend in a game.</li> </ul>

Outdoor	Ball Skills – Hands 1 (KS1)	Ball Skills – Feet 1 (KS1)	Ball skills – Hands 2 (KS1)	Ball skills – Feet 1 (KS1)	Team Building (KS1)	Games For Understanding (KSI)
	Basketball / Netball (KS2)	Hockey (KS2)	Tag Rugby (KS2)	Football (KS2)	OAA (KS2)	Tennis
	receiving skills to keep possession of the ball.	<ul> <li>I can begin to understand why I need to be accurate when kicking (passing) a ball.</li> <li>I can develop my kicking (passing) technique, applying this into a game to score points.</li> <li>I can develop my understanding of why we need to be accurate when kicking (passing) a ball.</li> <li>I can collaborate and work together in a team with other pupils.</li> </ul>		<ul> <li>I can begin to understand why I need to be accurate when kicking (passing) a ball.</li> <li>I can develop my kicking (passing) technique, applying this into a game to score points.</li> <li>I can develop my understanding of why we need to be accurate when kicking (passing) a ball.</li> <li>I can collaborate and work together in a team with other pupils.</li> </ul>		
Year 2	<ul> <li>I can develop dribbling in order to keep control and possession of the ball.</li> <li>I can develop passing and receiving to keep possession of the ball.</li> <li>I can combine dribbling, passing and receiving to keep possession of the ball.</li> <li>I can develop dribbling in order to keep possession and score a point.</li> <li>I can develop passing and receiving to keep possession and score a point.</li> <li>I can combine dribbling, passing and receiving to keep possession and score a point.</li> <li>I can combine dribbling, passing and receiving to keep possession and score a point.</li> </ul>	<ul> <li>I can develop dribbling using my feet in order to keep control and possession of the ball.</li> <li>I can develop passing and receiving using my feet to keep possession of the ball.</li> <li>I can combine dribbling, passing and receiving using my feet in order to keep possession of the ball.</li> <li>I can develop dribbling using my feet to keep possession and score a point.</li> <li>I can combine dribbling, passing and receiving using my feet, to keep possession and score a point.</li> <li>I can apply my knowledge and understanding of dribbling, passing and</li> </ul>	<ul> <li>I can develop my execution of an underarm throw and to extend their understanding of why we need to be accurate when we throw.</li> <li>I can consolidate my execution of an underarm throw and further extend my understanding of why I need to be accurate when I throw.</li> <li>I can participate in a competition against other pupils, developing my ability to collaborate.</li> <li>I can work in a team, applying my understanding of underarm throwing and the basic principles of attack vs</li> </ul>	<ul> <li>I can develop dribbling using my feet in order to keep control and possession of the ball.</li> <li>I can develop passing and receiving using my feet to keep possession of the ball.</li> <li>I can combine dribbling, passing and receiving using my feet in order to keep possession of the ball.</li> <li>I can develop dribbling using my feet to keep possession and score a point.</li> <li>I can combine dribbling, passing and receiving using my feet, to keep possession and score a point.</li> <li>I can apply my knowledge and understanding of dribbling, passing and</li> </ul>	<ul> <li>I understand why it is important to include everyone when working as a team and how it feels to be left out.</li> <li>I understand what makes an effective team.</li> <li>I can develop communication skills, to create simple strategies to complete a challenge.</li> <li>I can develop communicational skills to work with and trust a partner to be successful.</li> <li>I can continue to develop cooperation and communication skills to help be successful with the challenges set.</li> </ul>	<ul> <li>I can create and understand simple attacking principles, applying them as a team into a game.</li> <li>I have a deeper understanding of simple attacking principles, applying them as a team into a game.</li> <li>I understand why we attack as a team during a game.</li> <li>I can create and understand simple defending principles, applying them as a team into a game.</li> <li>I understand why we defend as a team during a game.</li> <li>I understand the transition between defence into attack. I can create simple defending and</li> </ul>

Outdoor	Ball Skills – Hands 1 (KS1) Basketball / Netball	Ball Skills – Feet 1 (KS1) Hockey (KS2)	Ball skills – Hands 2 (KS1) Tag Rugby (KS2)	Ball skills – Feet 1 (KS1) Football (KS2)	Team Building (KS1) OAA (KS2)	Games For Understanding (KS1) Tennis
	(KS2)	receiving in order to keep possession as a team and score a point.	<ul> <li>defence to win a game.</li> <li>I can apply my understanding of underarm throwing to beat my opponent.</li> <li>I can begin to understand overarm throwing, applying my understanding of overarm throwing to win a game.</li> <li>I can use my knowledge in mini games, having the opportunity to apply the principles of attack vs defence in a competition.</li> </ul>	receiving in order to keep possession as a team and score a point.	<ul> <li>I can explore and create simple strategies as a team.</li> <li>I can explore simple strategies as a team to help solve a problem.</li> </ul>	attacking tactics and apply them as a team in a game.
Year 3	<ul> <li>I can learn to dribble in order to keep control and possession of the ball.</li> <li>I can concentrate on attackers when they are dribbling and focus on ball control and changing direction when dribbling.</li> <li>I can develop an understanding of how to dribble the ball, keeping possession to beat an opponent.</li> <li>I can develop my passing and receiving ability to keep possession of the ball.</li> <li>I can maintain concentration on the attacking players using a range of passes (chest and bounce) to keep possession.</li> <li>I can develop an understanding of how to dribble the ball.</li> </ul>	<ul> <li>I can develop my ability to dribble in order to keep control and possession of the ball.</li> <li>I can concentrate on attackers when they are dribbling and focus on keeping control of the ball and changing direction when dribbling.</li> <li>I can develop my understanding of how to dribble the ball keeping possession to beat an opponent.</li> <li>I can begin to understand passing and receiving in order to keep possession of the ball.</li> <li>I can concentrate on the attacking playing and if they can pass and receive the ball</li> </ul>	<ul> <li>I can begin to understand moving with the ball, passing and receiving in order to keep possession of the ball.</li> <li>I can understand the purpose of tagging, when where and why this is applied during a game.</li> <li>I can understand how attackers can create space, creating opportunities for the ball carrier to pass if they are tagged.</li> <li>I can develop passing and moving forwards to score a try.</li> <li>I can combine passing and moving to create attacking opportunities to score a try.</li> <li>I can develop my understanding of</li> </ul>	<ul> <li>I can understand dribbling in order to keep control and possession of the ball.</li> <li>I can understand how to dribble the ball keeping possession to beat an opponent.</li> <li>I can dribble the ball keeping control and change direction.</li> <li>I can pass and receive in order to keep possession of the ball.</li> <li>I can develop an understanding of how to win the ball back (defending).</li> <li>I can use prior knowledge and understand of passing and dribbling, to create space whilst keeping possession, developing this concept into mini games.</li> </ul>	<ul> <li>I understand what makes an effective team with the focus being on creating tactics as a team.</li> <li>I understand why it is important to work as a team.</li> <li>I understand what makes an effective team leader and can develop qualities required to lead a team effectively.</li> <li>I understand what makes an effective team with the focus on collaboration and communication.</li> <li>I understand why we need to communicate within our team whilst developing different ways of communicating.</li> <li>I can solve problems by collaborating and</li> </ul>	<ul> <li>I understand how we win a game of tennis and understand who where and why we throw the ball on the court.</li> <li>I can explore how we can think one shot ahead to create space for winning shots.</li> <li>I can learn different ways of winning points in mini games.</li> <li>I understand how to hold the racket safely and understand why it is important to control the ball when playing a shot.</li> <li>I can understand where to play the forehand shot in a mini game.</li> <li>I can participate in a level 1 tournament.</li> </ul>

Outdoor	Ball Skills – Hands 1 (KS1) Basketball / Netball	Ball Skills – Feet 1 (KS1) Hockey (KS2)	Ball skills – Hands 2 (KS1)	Ball skills – Feet 1 (KS1)	Team Building (KS1) OAA (KS2)	Games For Understanding (KS1)
	(KS2)		Tag Rugby (KS2)	Football (KS2)		Tennis
	<ul> <li>to win the ball back (defending).</li> <li>I can use my prior knowledge and understanding of passing and dribbling, to create space whilst keeping possession, and develop this concept into mini games.</li> <li>I can develop my passing, moving and dribbling building up into mini games.</li> <li>I can develop my understanding of shooting, including how to shoot and where to shoot from on the court, to increase my chances of scoring.</li> <li>I can apply my prior learning of passing, moving and dribbling to move the ball up the court, creating an attack that results in a shot.</li> <li>I can participate in a level 1 tournament.</li> </ul>	<ul> <li>with control to keep possession.</li> <li>I can develop an understanding of how to win the ball back (defending, tackling and intercepting).</li> <li>I can use prior knowledge and understanding of passing and dribbling, to create space whilst keeping possession, developing this concept into mini games.</li> <li>I can develop passing, receiving and dribbling skills to create space when attacking, building up into mini games where I can explore the transition between attack and defence.</li> <li>I can understand when, where and why I shoot from in order to increase my chances of scoring.</li> <li>I can apply prior learning of passing, moving and dribbling to move the ball up the pitch, creating an attack that results in a shot.</li> <li>I can participate in a level I tournament.</li> </ul>	<ul> <li>when, where and why we need to create space when attacking.</li> <li>I can participate in a level I tournament.</li> </ul>	<ul> <li>I can develop psssing, moving and dribbling building up into mini games where pupils must keep possession in order to win.</li> <li>I can participate in a level 1 tournament.</li> </ul>	communicating within a team and understand why we need to communicate clearly to be successful. I understand how collaboration and communication, enable them to create simple attacking and defending tactics.	
Year 4	<ul> <li>I can effectively apply my passing and moving skills to keep possession in a mini game situation.</li> <li>I can develop my passing and create</li> </ul>	<ul> <li>I can refine my dribbling skills in order to keep control and possession of the ball.</li> <li>I can apply prior learning of how to dribble the ball,</li> </ul>	<ul> <li>I can develop my passing and moving to create space to beat an opponent and score a try.</li> <li>I can extend my understanding and</li> </ul>	<ul> <li>I can refine dribbling in order to keep control and possession of the ball</li> <li>I can applying prior knowledge of how to dribble the ball</li> </ul>	<ul> <li>I understand what makes an effective team with the focus being on creating tactics as a team.</li> <li>I can continue to develop the qualities</li> </ul>	<ul> <li>I can develop understanding of how we can win a game of tennis.</li> <li>I can develop racket controlling</li> </ul>

Outdoor	Ball Skills – Hands 1 (KS1) Basketball / Netball	Ball Skills – Feet 1 (KS1) Hockey (KS2)	Ball skills – Hands 2 (KS1)	Ball skills – Feet 1 (KS1)	Team Building (KS1) OAA (KS2)	Games For Understanding (KS1)
	(KS2)	HUCKEY (KSZ)	Tag Rugby (KS2)	Football (KS2)		Tennis
	<ul> <li>space building into mini games, where I explore the transition between attack and defence, working out simple tactics for creating space and keeping possession.</li> <li>I can understand how we shoot and where to shoot from (court position) and why.</li> <li>I can use my prior learning of passing and moving, to move the ball up the court, creating an attack that results in a shooting opportunity.</li> <li>I can refine my shooting technique and understanding of where they shoot (court position) and why.</li> <li>I can develop my understanding of the footwork rule and how I can be more effective with my feet to increase the speed and fluidity of my movements.</li> <li>I can participate in a level I tournament.</li> </ul>	<ul> <li>keeping possession to beat an opponent.</li> <li>I can refine my passing and receiving skills to keep possession of the ball.</li> <li>I can apply my passing (short and long) and moving skills to keep possession.</li> <li>I can apply prior learning of passing and dribbling to create an attack that results in a shooting opportunity.</li> <li>I can understand how to shoot and where to shoot from and why.</li> <li>I can develop passing and dribbling to create space to create an attack that results in a shooting opportunity.</li> <li>I can begin to understand the concept of defending (intercepting, blocking and tackling), and how this can be applied during a game to prevent attacking opportunities.</li> <li>I can understand the difference between, intercepting, blocking and tackling and when, where and why these are used in a game.</li> <li>I understand that my role changes (defender) as soon as I lose possession of the ball.</li> </ul>	<ul> <li>knowledge of passing and moving applying this into 3v3 mini games.</li> <li>I can develop tagging and explore different ways the defending team can prevent the attackers from scoring.</li> <li>I can apply my understanding and knowledge into mini games.</li> <li>I can combine passing and moving to develop ways of creating space to beat an opponent to score a try.</li> <li>I can participate in a level 1 tournament.</li> </ul>	<ul> <li>keeping possession to beat an opponent.</li> <li>I can explore the purpose of turning in a game of football and understand why turns can help us to keep possession.</li> <li>I can effectively apply passing and moving skills to keep possession, developing this concept into mini game situations.</li> <li>I can develop passing and dribbling to create space, building up into mini games where pupils explore the transition between attack and defence.</li> <li>I can understand not just how to shoot but where on the pitch, in order to increate chances of scoring.</li> <li>I can apply prior learning of passing, moving and dribbling to move the ball up the pitch creating an attack that results in a shot.</li> <li>I can participate in a level 1 tournament.</li> </ul>	<ul> <li>required to lead a team effectively.</li> <li>I understand what makes an effective team with the focus on collaboration and communication.</li> <li>I understand why we need to communicate within our team whilst further developing different ways of communicating.</li> <li>I understand how to solve problems by collaborating and communicating with a team in order to be successful.</li> <li>I can further develop the skills required to make an effective team.</li> <li>I can further develop collaboration and communication, to allow them to create simple attacking and defending tactics.</li> </ul>	<ul> <li>consolidating the forehand shot.</li> <li>I understand how to use the racket to direct the ball towards a space to win a point.</li> <li>I understand when and where to play the backhand shot.</li> <li>I can develop the use of forehand and backhand shots applying these in game situations.</li> <li>I can make decisions as to when to apply either a forehand or backhand shot.</li> <li>I understand how to use a racket by considering tactical play (Creating space) to win a point.</li> <li>I can participate in a level 1 competition.</li> </ul>

Outdoor	Ball Skills – Hands 1 (KS1) Basketball / Netball (KS2)	Ball Skills – Feet 1 (KS1) Hockey (KS2)	Ball skills – Hands 2 (KS1) Tag Rugby (KS2)	Ball skills – Feet 1 (KS1) Football (KS2)	Team Building (KS1) OAA (KS2)	Games For Understanding (KS1) Tennis
	<ul> <li>I can refine my dribbling and passing skills and combine these skills together to create an attack that results in a shooting opportunity.</li> <li>I can develop my knowledge and understanding of defending (marking), and how this is applied during a game to prevent attacking opportunities,</li> <li>I can build upon my</li> </ul>	<ul> <li>I can participate in a level 1 tournament.</li> <li>I can refine dribbling and passing skills, combing these together to create an attack that results in a shooting opportunity.</li> <li>I can develop my knowledge and understanding of defending, (marking, tackling and blocking) and how this is applied during a game to prevent attacking opportunities.</li> <li>I can build upon my</li> </ul>	<ul> <li>I can refine passing and moving skills to create an attack that results in a try.</li> <li>I can explore different styles (miss pass), which can be used to outwit defenders to score a try.</li> <li>I can execute a miss pass understanding where, when and why this pass is used in a game.</li> <li>I can explore different passing styles (loop</li> </ul>	<ul> <li>I can refine dribbling and passing skills, combining these skills together to maintain possession.</li> <li>I can defend when not in possession.</li> <li>I can understand the importance of winning the ball back exploring basic defensive strategies and techniques to help them do so.</li> <li>I can develop defending skills;</li> </ul>	<ul> <li>I know what it takes to be an effective team with the focus being on creating tactics as a team.</li> <li>I understand why they need to work as team to create simple tactics.</li> <li>I understand and know what makes an effective team leader and can further develop the qualities required.</li> <li>I understand what</li> </ul>	<ul> <li>I can develop an understand of how we can win a game of tennis using a racket.</li> <li>I can continue to develop racket technique for the forehand and backhand, as well as, exploring a new shot, the volley.</li> <li>I can develop the volley thinking about where we hit the ball and why we are hitting it there.</li> </ul>
Year 5	<ul> <li>prior learning of marking to create and apply basic defensive tactics.</li> <li>I can learn terminology relating to defending.</li> <li>I can develop my shooting skills, applying this into game situations.</li> <li>I can develop my shooting technique when pressure is applied.</li> <li>I can develop my understanding of where, when and why we shoot.</li> <li>I can apply my prior learning of passing and dribbling to create an attack that results in a successful shooting opportunity.</li> <li>I can use my prior learning of passing and dribbling to move the ball up the court,</li> </ul>	<ul> <li>prior learning of defending to create and apply basic defending tactics.</li> <li>I can refine my shooting technique when pressure is applied.</li> <li>I can develop my understanding of where, when and why we shoot.</li> <li>I can apply my prior learning of passing and dribbling to create an attack that results in a successful shooting opportunity.</li> <li>I can understand when, where and why attacking skills should be applied during a game.</li> <li>I can apply my prior learning of passing and dribbling to create an attack that results</li> </ul>	<ul> <li>pass), which can be used to outwit defenders to score a try.</li> <li>I can execute a loop pass understanding where, when and why this pass is used in a game.</li> <li>I can understand how to defend in tag rugby.</li> <li>I can understand why it is important to work as a team when tagging and why it is important to reduce the space and apply pressure to the attackers to prevent scoring opportunities.</li> <li>I can develop an understanding of basic defending tactics and formations, which can be applied to prevent the attackers from scoring.</li> </ul>	<ul> <li>tackling, pressuring and marking.</li> <li>I can start to apply simple defensive tactics during a game to prevent attacking opportunities.</li> <li>I can developing shooting, applying this into game situations.</li> <li>I can develop shooting technique when pressure is applied by a defender.</li> <li>I can understand where, when and why we shoot.</li> <li>I can apply prior learning of passing and dribbling to create an attack that results in a successful shooting opportunity.</li> <li>I can refine attacking skills and have a clear understanding of when, where and why</li> </ul>	<ul> <li>makes an effective team and why we need to communicate within our team whilst developing different ways of communicating.</li> <li>I can learn how to solve problems by collaborating and communicating within a team and why we need to communicate to be successful.</li> <li>I understand how collaboration and communication, enable them to create more advanced attacking and defending tactics.</li> </ul>	<ul> <li>I understand how players can control the game from the beginning (serve) by thinking and how and where to serve.</li> <li>I understand how the game changes when playing in pairs (doubles).</li> <li>I can participate in a level I tournament.</li> </ul>

Outdoor	Ball Skills – Hands 1 (KS1) Basketball / Netball	Ball Skills – Feet 1 (KS1) Hockey (KS2)	Ball skills – Hands 2 (KS1)	Ball skills – Feet 1 (KS1)	Team Building (KS1) OAA (KS2)	Games For Understanding (KS1)
	(KS2)		Tag Rugby (KS2)	Football (KS2)		Tennis
	<ul> <li>creating an attack that results in a successful shooting opportunity.</li> <li>I can develop my understanding of the rules of basketball and begin to take responsibility for officiating my own games.</li> <li>I can refine my defending (marking) skills and apply defensive tactics during a game to prevent attacking opportunities.</li> <li>I can develop my understanding that once I regain possession of the ball I become an attacker, and use my prior knowledge of passing, dribbling and moving to create an attack that results in a successful shooting opportunity.</li> <li>I can participate in a level 1 tournament.</li> </ul>	<ul> <li>in a successful shooting opportunity.</li> <li>I can develop my understanding of the rules of hockey and will start to take responsibility for officiating my own games.</li> <li>I can refine my defending (marking, tackling and blocking) skills applying defending tactics during a game to prevent attacking opportunities.</li> <li>I can understand that once I regain possession of the ball, I become an attacker.</li> <li>I can apply prior learning of passing, dribbling and moving to create an attack that results in a shooting opportunity.</li> <li>I can participate in a level I tournament.</li> </ul>	I can participate in a level 1 tournament.	<ul> <li>we apply these skills during games.</li> <li>I can develop an understanding of the rules (laws) of football and can start to take responsibility for officiating games.</li> <li>I can participate in a level 1 tournament.</li> </ul>		
Year 6	<ul> <li>I can consolidate my ability of using passing and moving skills to keep possession and score.</li> <li>I can consolidate my understanding of the rules of the game and how they can apply this knowledge to play in mini games.</li> <li>I can use my prior knowledge of passing and moving, to move the ball up the court,</li> </ul>	<ul> <li>I can consolidate my ability of using passing, dribbling and moving skills to keep possession and score.</li> <li>I can consolidate my understanding of the rules of the game and how they can be applied in mini games.</li> <li>I can apply my prior knowledge of passing, dribbling and moving, to keep possession and create an attack that results in a successful shot.</li> </ul>	<ul> <li>I can consolidate my ability to use passing and moving to create attacking opportunities to score a try.</li> <li>I can refine my knowledge of tagging and defensive formations, which can be used to prevent an attack.</li> <li>I can understand why it is important to reduce the space and</li> </ul>	<ul> <li>I can consolidate passing, dribbling and moving skills to keep possession and score.</li> <li>I can consolidate the rules (laws) of th game and apply this knowledge to play and officiate in mini games.</li> <li>I can apply prior learning of passing, dribbling, turning and moving, to move the ball up the pitch</li> </ul>	<ul> <li>I can explain what makes an effective team with the focus being on creating tactics as a team.</li> <li>I can explain what makes an effective team leader and can further develop the qualities required to lead a team effectively.</li> <li>I can explain why we need to communicate within a team whilst developing a wider</li> </ul>	<ul> <li>I can further develop understand of how to win a game of doubles tennis.</li> <li>I can further develop tactical think about which shot to play, during a game.</li> <li>I understand when, where and why selecting a shot is important to win a point.</li> <li>I can organise, umpire and manage games.</li> </ul>

Outdoor	Ball Skills – Hands 1 (KS1) Basketball / Netball	Ball Skills – Feet 1 (KS1) Hockey (KS2)	Ball skills – Hands 2 (KS1)	Ball skills – Feet 1 (KS1)	Team Building (KS1) OAA (KS2)	Games For Understanding (KSI)
	<ul> <li>(KS2)</li> <li>creating an attack that results in a shot.</li> <li>I can fully understand that we are defending as soon as we lose possession of the ball.</li> <li>I can consolidate my understanding of attacking and defending tactics and apply them to stinger netball games.</li> <li>I can consolidate the use of other passing styles.</li> <li>I can demonstrate where and why other passing styles will be effective.</li> <li>I can participate in a level 1 tournament.</li> </ul>	<ul> <li>I can understand that I am defending as soon as I lose possession of the ball.</li> <li>I can refine my knowledge and understanding of defending (marking, tackling and blocking) and how this is applied during a game to prevent attacking opportunities.</li> <li>I can develop my understanding of the terminology related to defending.</li> <li>I can consolidate the pupils' understanding of attacking tactics, applying them into game situations.</li> <li>I can apply my prior learning of passing, dribbling and moving, to create effective attacking tactics that results in a successful shot.</li> <li>I can consolidate my understanding of defensive tactics applying them into game situations.</li> <li>I can apply my prior learning of defensive tactics that results in a successful shot.</li> <li>I can apply my prior learning of defending them into game situations.</li> <li>I can apply my prior learning of defending to create effective attacking tactics that results in a successful shot.</li> <li>I can apply my prior learning of defending to create effective tactics that will prevent attacking to create effective tactics that will prevent attacking opportunities.</li> <li>I can participate in a level 1 tournament.</li> </ul>	<ul> <li>Tag Rugby (KS2)</li> <li>apply pressure to the attackers to prevent scoring opportunities.</li> <li>I can consolidate my understanding of attacking tactics, applying them into game situations.</li> <li>I can apply my prior learning of passing and moving, to create an attack that results in a try.</li> <li>I can consolidate my understanding of defensive tactics, applying them into game situations.</li> <li>I can apply my prior learning of defending to prevent attacking opportunities.</li> <li>I can consolidate attacking and defending in games of tag rugby.</li> <li>I can participate in a level I tournament.</li> </ul>	<ul> <li>Football (KS2)</li> <li>creating an attack that results in a successful shot.</li> <li>I can understand that defending happens as soon as possession of the ball is lost.</li> <li>I can refine knowledge and understanding of defending and how different tactics can be applied during a game to prevent attacking opportunities.</li> <li>I can develop terminology relating to defending.</li> <li>I can consolidate attacking and defensive tactics.</li> <li>I can create, organise and apply formations when defending and attacking into game situations.</li> <li>I can manage a team, selecting players to play in certain positions and understand what skills and attributes are required to be successful in these positions.</li> <li>I can participate in a level 1 tournament.</li> </ul>	range of ways to communicate. I understand and can explain how to solve problems by collaborating and communicating within a team and why we need to communicate clearly to be successful. I can create more advanced attacking and defending tactics.	<ul> <li>I can provide constructive feedback to further develop technique.</li> <li>I can understand and explain when, where and why playing a particular shot is important to win a point.</li> <li>I can particate and officiate in a level 1 competition.</li> </ul>